



Hughes CALLER

Vol. 60, No. 6 Summer 2009

News Briefs

(Hughes UMC) -- **What do these people have in common?** President Jimmy Carter, MLB Pitcher Andy Pettite, Lucy Smith, President Teddy Roosevelt, Jeanine Rodriguez, Comedian Stephen Colbert, Bob Simpson, Gwen Cooley and Jeanine Rodriguez? See Page 4 for the answer.

(Hughes UMC) -- **Summer Schedule:** The church office is open Monday-Thursday 9 a.m. – 3 p.m. Janet Habersham, Director of Christian Education, will be in the office Mondays and Thursdays 10 a.m. - 3 p.m. Sexton Norman Parker's day off is Wednesday. Pastor Ken's Sabbath Day will be either Saturday or Friday depending on personal and church calendars. He is always available for emergency calls by contacting either the office or parsonage (301-649-4747).

(Hughes UMC) - **Sunday Worship Schedule Unchanged For Summer:** Please note that, unlike in some past summers, there will be no change in the Sunday worship schedule this year. The contemporary service will continue to be held at 9:00 and the traditional service at 10:30 throughout the summer.

See News Briefs, page 2

Active Peace: A Cure For Hate

Over the past several weeks we have watched in horror as others have been killed by extremist citizens of our own country. I am increasingly concerned about our violent society, the growth of our inability to settle differences without using violent means and the hatred expressed by strident voices in society.

A doctor is shot and killed as he ushers at his church because he is a doctor who performs abortions. A security guard is shot and killed at the Holocaust Museum by a white supremacist who denies that the holocaust ever occurred. No matter what we believe about the morality of abortion, we can never condone murder and the use of violence as an attempt to change what is a legal procedure in this country. No one denies others the right to hold their viewpoint, but killing an innocent man at a museum cannot alter the facts of history; it actually draws further attention to humanity's inhumanity. The increasing spiral of hatred and violence is grievous and deeply troubling, for it erodes the fabric of society and shatters the core principles of all world religions.

So, how do we stop the violence and the hate without placing ourselves in harm's way? As Christians, we begin with the teachings of Jesus. "Love your enemies and pray for those who persecute you." Pray a lot for those who act, speak and think in ways which are different from us, especially those we believe are wrong. Pray for discernment and courage for ourselves, that we might respond appropriately and according to God's will.

After prayer, it is imperative that we speak up with clarity. When one's behavior is reprehensible we must find the courage to say so. Even most extremists are given pause when condemnation of their actions is swift and universal across the theological, political and societal spectrum. Copycat behavior is less likely when individuals know they will not be



See Pastor Message, page 3

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July 15, 2009: Lunch Out - Meet at Church Parking Lot @ 11 a.m. We will car pool to Gaithersburg to the Country Buffet. If you want to meet us there we should arrive just before 11:45 a.m.

July 23-26 2009: School of Christian Mission - If you have signed up to go see Ellen Durigg about travel plans.

August 19, 2009: Lunch Out - Meet at the Church Parking Lot @ 11 a.m. We will car pool. Place to be announced in the Sunday Bulletin.

August 31, 2009 UMW Executive Committee: 10 a.m. in the Parlor

KEEP THESE DATES ON YOUR CALENDAR -

October 10, 2009: Greater Washington District - Annual Meeting at Colesville United Methodist Church

October 24, 2009: Rummage Sale 9 a.m. to 2 p.m. We need lots of help so please put this on calendar and volunteer to help.

HUGHES FAMILY

BIRTHS

June 14

Nicholas David Peran
(Shea and John Peran, parents; Alyce and David Amussen, grandparents)

June 18

Michael Patrick Ferris
(Dan and Sandra Ferris, parents; Cindy and Michael Ferris, grandparents)

DEATHS

June 15

Cynthia Withers
(Ashley Carr's mother)

June 19

Dennis Raphael
(George Raphael's son)

June 25

Stanley Kania
(Les Kania's father)

June 27

James Jeffries
(Ron Winterberg's nephew)

Thank you

Earl and Marian Fox wrote: Many thanks to Pastor Ken and Carol Whitney for their visits, and for the help provided to us recently. Also, thanks to Rebecca Olmstead, Charles Frye, and Don Hoage for their much appreciated help. And thank you to the Prayer Shawl Ministry for the shawl that Earl received.

News Briefs, from page 1

(Hughes UMC) - The deadline for UMW Scholarship Applications has been extended to July 15, 2009. See the May Caller for all the details.

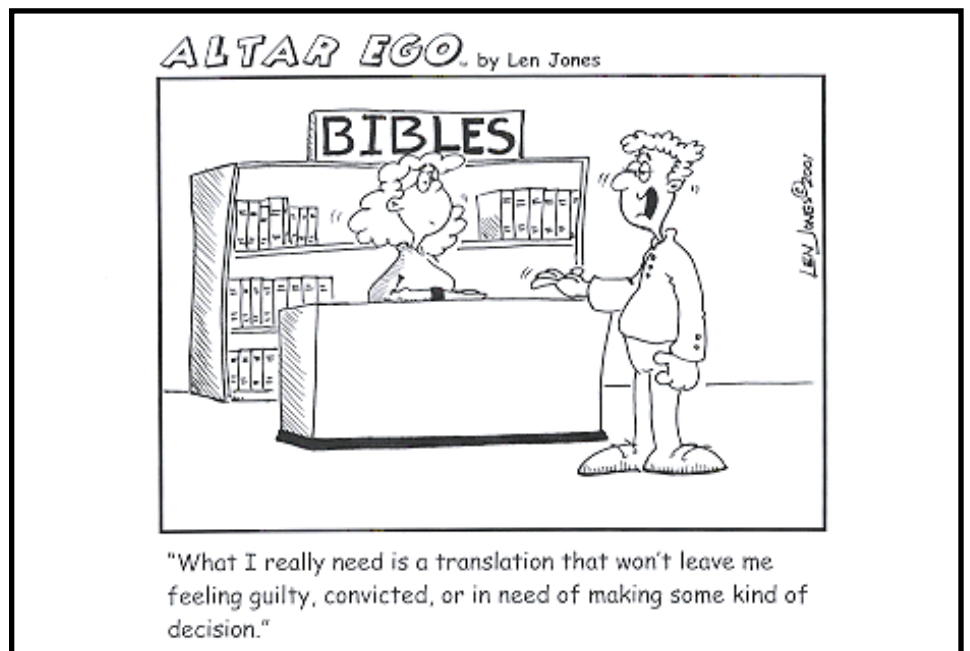
(Hughes UMC) - **The Fun and Fellowship Group** will be having more "Movie Days". They will all start at 10 a.m. in the Parlor. The following movies are scheduled:

Thursday, July 23: "The Family Stone"

Thursday, August 20: "Message in A Bottle"

Come and bring your friends and neighbors. If you have any questions please contact Jan d'Hedouville or Liz Brigham.

(B-W Conf.) - **ROCK 2010** will be **January 22-24**, in Ocean City. The theme is "The Light Knight," with Stephen Gallaher as guest speaker and Romans 13:12 as the Scripture.. Praise leaders will be Beautiful Republic and Urban Street Level. To volunteer, contact Pam Bowen at pbowen@bwcumc.org or Tom Price at tprice@bwcumc.org.



Pastor Message, from page 1

looked upon as heroes, but rather as pariahs.

Not only has violence increased but the nature of our discourse has become more rigid in recent years. With nearly all controversial issues, it seems we set our boundaries, dig in our proverbial heels and refuse not only to compromise, but even to acknowledge that another view is acceptable. We see it in politics, international relations, as well as in faith communities. Dialogue is important. Opposing viewpoints and understandings of theological, societal, political and legal issues, honestly discussed and debated leads to greater understanding of "the other," at least, and compromise, a third way which moves the matter forward, at best. It is perfectly acceptable to have a dialogue which reaches a place where we agree to disagree. Then we move on to find those places where we can agree and work together. Face to face dialogue, where opposing viewpoints are

understood, makes it much more difficult to bring physical harm to another. Lack of dialogue or understanding helps pave the way for mistrust, demonization and violent reactions.

God's hope for society and a vision of peace in the world can be found in Isaiah's description of the peaceable kingdom. "The wolf shall live with the lamb, the leopard shall lie down with the kid, the calf and the lion and the fatling together, and a little child shall lead them ... They will not hurt or destroy on all my holy mountain; for the earth will be full of the knowledge of the Lord as the waters cover the sea. (Is. 11:6, 9)" What an amazing metaphor for peace! Predators not bringing harm to their prey, but surviving side by side! This is God's hope for our world. According to at least one interpretation of the prophecy, Jesus is the little child who leads. We as followers of Christ are partners with God in working to live out this vision and the Church, the body of Christ in

the world today, is called to display for the world what peaceful, just community looks like. Speak out and actively work against hatred and violence, calmly discuss and dialogue in the face of strident rhetoric and allow the Spirit of the Living God bring fulfillment to a more loving, compassionate world.

Sorry to write on such a heavy topic as we enter the summer months, but these concerns lay heavy on my heart. If we, as followers of Jesus, the Prince of Peace, will not take a stand, who will?

PLEASE NOTE

Campbell Proofs of Purchase
Ziploc "Boxtops for Education"
Kleenex "Boxtops for Education"
The Board of Child Care
Auxiliary Needs Your Support !!

Hughes Grads

Tami Lewis, daughter of Dorett and Eric Lewis, earned her Doctor of Veterinary Medicine degree from Cornell University in May 2009. While at Cornell, Tami served in many leadership positions in several veterinary student organizations, including Veterinary Students as One in Culture and Ethnicity, Veterinary Students for Animal Welfare, the Black Graduate and Professional Student Association, and the Student Chapter of the American Holistic Veterinary Medical Association. She was the College of Veterinary Medicine's representative to the North American Veterinary Conference which she attended annually. Tami received grants to conduct veterinary research in developing countries such as Guatemala and Zambia. She is also one of two Cornell vet students to receive the State University of New York Chancellor's Award for Student Excellence. Tami served as a peer counselor as well, and she received an award which highlights multicultural understanding and harmony.



Tami will continue her career by serving in a rotating medicine and surgery internship program. She can be reached at 3681 Broadway, #44, New York, NY 10031.

The Caller failed to include Tami's announcement with the rest of the Hughes graduates last month. We regret the omission.

A Gift For Yourself

Is there something missing from your life that you can't quite put your finger on? Do you have a few hours a week to spare? Do you feel a tug on your heart whenever the need for Sunday School, KIWE, or MYF leaders is mentioned? Let me tell you a brief story ...

Once upon a time a young woman (okay, not so young!) sat in Church week after week hearing the need for MYF counselors. Each time she heard the plea a strange feeling came over her but she knew that she was too busy working two jobs to do anything about it. For two years she heard these pleas, and each time she had that same strange feeling. During these two years she switched jobs, eliminated one of the jobs, and found that while she was still very busy there was no longer an excuse. So one day when the plea was made she approached the appropriate person and said she was interested in working with the senior high youth.

She was concerned – you see she did not have a strong background in the Church, didn't know many of the traditional Bible stories, and wasn't what she would consider to be a good example to the youth. But God had been calling her and she knew there was a reason. By now you know the end of the story – she spent a glorious six years loving senior high youth. Were there times of frustration? Yes. Were there times when she was so busy she couldn't imagine how she could handle one more evening with the youth? Yes. Were all the youth perfectly behaved and easy to work with? No.

She need not be concerned. You see, God was calling her to work with the youth so that she could learn from them! She loved them and they loved her back. She learned more about them, herself, and God than she would have ever imagined. And while most of the youth have told her how much they learned from her and how much they love her it cannot begin to compare with what she learned and how much she loved them.

So I ask you – do you have a few hours every week? Maybe MYF isn't for you; there is a need for Sunday School teachers as well as a need for KIWE leaders during the summer. Take a few moments during your prayer time this week and ask God for guidance. I promise you one thing, if you give of yourself to the youth of this Church you will reap more rewards than you can imagine!

~ Marjorie Roher

Answer to the question on Page 1: They all served as Sunday School teachers

The Christian Education Committee is looking for people who would be interested in teaching Sunday School as part of a team approach. The advantages: our children/youth benefit from having multiple teachers sharing their experiences, everyone doesn't have to teach every Sunday, and YOU could add your name to the list of Famous Sunday School Teachers!

Step out of your boat ... share your story with our children and youth. Help make Hughes' Christian Education Ministry the best it can be.

If you have questions or want to talk more about our plans for the Fall, contact Sharon Skinner or Janet Habersham.



America Is Aging: Better Living Through Chemistry

By Ken Whitney, Clinical Pharmacist

The weatherman assures me that the sun will shine again, so perhaps this is a good time for a discussion of sunscreens. There are two classes of the sun's rays affecting our skin: UVA and UVB. UVB rays cause the familiar sunburn, while UVA rays cause skin aging and skin cancer, but no visual sunburn. In the past sunscreens have promoted protection against UVB sunburn, but UVA protection is now receiving greater attention. A sunscreen's ability for protection from UVB sunburn is measured as SPF, and appears as the relative numbers 15, 30, 50, etc. What do these numbers mean? They are a measure of how much longer one may remain in the sun without sunburn than if one applies no sunscreen at all. For instance, if one sunburns in 10 minutes without sunscreen, then if SPF 15 is applied, it will take 150 minutes to burn. If SPF 30 is applied, the same person will burn in 300 minutes; and if SPF 50 is applied, in 500 minutes. There is no evidence that SPF above 50 offers any additional benefit.

Sunscreens will now appear on the market which contain ratings against UVA as well as UVB. They will have 1, 2, 3, or 4 stars indicating low, medium, high, and highest UVA protection. Sunscreens with both UVA and UVB protection should be labeled as "broad spectrum"



Water resistance is another issue. Ratings for water resistance refer to how long the product is effective during swimming, heavy sweating, etc. A product rated "water resistant" will last for about 40 minutes of water exposure. "Very

water resistant" will last about 80 minutes of water exposure.

No matter what product one chooses, proper application is key. Sunscreens should be applied about 20 minutes prior to sun exposure, and it should be reapplied every 2 hours. Apply 1 teaspoonful per body part, or 1 ounce for the entire body. If less is applied, there will be less protection.

If sunscreen is applied along with an insect repellent, avoid buying a combination product. The sunscreen must be applied more often than the repellent. Use separate products, applying the sunscreen first and the repellent after it.

Lastly, many medications we take may cause photosensitivity, resulting in higher sensitivity to the sun's rays. This situation calls for a broad spectrum sunscreen. I have provided the Parish Nurse, Carol Whitney, with a handy chart about medications which may cause photosensitivity. Please see her if you want a copy.

Looking for Some "Young Love" this Summer?

If you enjoy spending time with young children, then we have just the volunteer opportunity for you! Our summer Sunday School program, Kids Interactive Worship Experience (KIWE), needs teachers starting June 7. Materials, ideas for activities, and craft projects are provided for a one-room-school style class for children 3 years old through third grade. The Sunday School time parallels the 10:30 a.m. Worship Service, with the children starting in the Sanctuary with their parents, then leaving with the teacher after the "Children's Message." All children older than third grade are encouraged to participate in worship with their families. The KIWE program runs through Labor Day weekend so anyone interested in working with these children can have one or more chances of experiencing that special loving relationship with the very young. Sign-up sheets will be posted in the Education Wing and you can talk to Janet Habersham, Director of Christian Education, or Sharon Skinner, Chair of the Education Committee, if you have questions.

Taste the Coffees and Praise the Lord!

"Coffee at the Crossroads" is the new name for the five informal summer worship events that started on June

24th with an ice cream social and praise music.

With bright gold banners, signs along Georgia Avenue and Plyers Mill, and

fliers posted in our community, we hope to increase the interest and participation by our neighbors in these services and other activities at Hughes. Praise music and quality coffees are featured in a coffeehouse atmosphere every other Wednesday night at 7:00 PM through August 19th.

We are partnering with local businesses Mayorga Coffee (Silver Spring) and DeJaBel Café (Wheaton) to provide high quality, international; coffees (including some certified organic and/or "direct trade" coffees). Pastor Ken Hawes is also planning on providing some of his personally roasted "fair trade" coffee for us soon. For non-coffee drinkers, other beverages are also available.

The praise music is an important part of the coffeehouse and the group leading and performing the music currently features Julie Sampson, Susan Wright, Pastor Ken Hawes, Chris Odell, and Andrew Webb. We welcome others who would like to participate in this way by sharing musical/vocal talent (through a one-time only performance or by joining the group on a regular basis) or who would like to be part of the larger



worship team (designing worship/prayer stations, reading scripture, etc.). Each session features

different activities:

July 8 - Your Favorite Bible Stories/Verses & "Why?"

July 22 - Game Night, Praise Songs and the stories behind

them.

August 5 - "Face-to-Face Encounters with Jesus" Stories.

August 19 - Movie Night & Discussion (3 hours).

Childcare is provided for families with young children. Please continue to pray daily for God's guidance and blessings on this opportunity to host people who are seeking a closer connection to Him and to their neighbors. Thank you to all who have already volunteered planning time and ideas, who have donated items and money, and for those who are willing to help during the events! If you want to help too, contact Susan Odell at 301-587-8361; donations can be made through the office.

Mark Your Calendars for Saturday, September 26, 2009 from 11 a.m. to 3 p.m. for our 6th Annual Community Funfest. This is a church wide event designed to open our church doors to the community we live in. We plan to offer food, entertainment and activities to appeal to all ages.

We hope all who are able will participate in some way and invite your neighbors and friends to join us this fall for the Community Funfest. Nothing works better than a personal invitation. We will have flyers available out to those you help will be anyone who hours on the day earlier with the Muller will be Organizer again will have sign up starting Sunday, September 20. garden entrance 681-7812).



As we confirm the activities planned and approach September, we will have more information on the specific activities. If you have any questions or suggestions, please call or email one of the co-chairs below.

Co-Chairs: Frances Badman (301-946-0228) FranBadman@aol.com
Linda French (301-989-8853) Linda.French@wap.org

July

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
<p>Sunday services: 9 a.m. Contemporary Service and Adult Bible Study; 10:30 a.m. Traditional Service; 12 noon Spanish Service; 9:45 a.m. Fellowship in the Social Hall; 10:30 a.m. Nursery/Sunday School for ages thru 3rd grade.</p>			<p>1 7:30 pm Nominations</p>	<p>2</p>	<p>3</p>	
<p>5</p>	<p>6 7:30 pm Trustees</p>	<p>7 6 pm First Place Ex. 7 pm First Place Mtg. 7:30 Adult Basketball</p>	<p>8 7 pm Coffee at Crossroads</p>	<p>9</p>	<p>10</p>	<p>11</p>
<p>12</p>	<p>13 9:30 – 11:30 Culkin Summer Camp (Soc. Hall) 2-8 pm Blood Drive</p>	<p>14 Culkin Summer Camp 6 pm First Place Ex. 7 pm First Place Mtg. 7:30 SALT 7:30 Adult Basketball</p>	<p>15 Culkin Summer Camp</p>	<p>16 Culkin Summer Camp</p>	<p>17 Culkin Summer Camp</p>	<p>18</p>
<p>19</p>	<p>20 9:30-11:30 Culkin Summer Camp (Soc. Hall) 7:30 Ministry Groups</p>	<p>21 Culkin Summer Camp 6 pm First Place Ex. 7 pm First Place Mtg. 7:30 Adult Basketball</p>	<p>22 Culkin Summer Camp 7:30 Finance Com. 7 pm Coffee at Crossroads</p>	<p>23 Culkin Summer Camp 9:30-12:30 Fun & Fellowship (Parlor)</p>	<p>24 Culkin Summer Camp</p>	<p>25</p>
<p>26</p>	<p>27 9:30-11:30 Culkin Summer Camp (Soc. Hall)</p>	<p>28 Culkin Summer Camp 6 pm First Place Ex. 7 pm First Place Mtg. 7:30 SALT 7:30 Adult Basketball</p>	<p>29 Culkin Summer Camp</p>	<p>30 Culkin Summer Camp</p>	<p>31 Culkin Summer Camp</p>	

2009

August

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
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9	10 7:30 pm Staff Parish	11 6 pm First Place Ex. 7 pm First Place Mtg. 7:30 SALT 7:30 Adult Basketball	12	13	14	15
16	17 7:30 pm Ministry Groups	18 6 pm First Place Ex. 7 pm First Place Mtg. 7:30 Adult Basketball	19 7 pm Coffee at Crossroads	20 9:30 – 12:30 Fun & Fellowship (Parlor)	21	22
23	24	25 6 pm First Place Ex. 7 pm First Place Mtg. 7:30 SALT 7:30 Adult Basketball	26 7:30 pm Finance Com	27	28	29
30	31 10 am UMW Exe. Bd.					

2009