

March 2019 Caller



Pastor Ken's Message

The season of Lent begins on Ash Wednesday, March 6. Lent is a time of spiritual preparation so that we may more fully welcome the risen Christ on Easter Sunday!

The Lenten season is 40 days (plus 6 Sundays), mirroring the 40 years which the people of Israel wandered in the desert before reaching the Promised Land, and the 40 days Jesus spent in the wilderness, tempted by Satan, before beginning his public ministry. Sundays do not count in the forty days, because even in Lent, Sunday is to be recognized as "a little Easter."

During Lent we have an opportunity to reflect on our spiritual journeys. We might meditate on some questions, like these: How well do I know Jesus? Where do I stray from God's teachings? When do I feel the presence of the Spirit? What are my spiritual gifts, talents and abilities? How am I serving Christ today? How are my relationships with my spouse or partner, children, friends, co-workers and neighbors? Where do I need forgiveness? To whom do I need to offer forgiveness? After reflection, we have the opportunity to repent, change the direction, of our lives under the guidance of Christ's Spirit.

In some traditions, it is expected to give up something for Lent. Giving something up should be sacrificial, to help remind us of Christ's sacrifice on behalf of the world. It could be an object or practice which is important to us. On Easter we can take it up again with renewed appreciation or we may find that its importance has diminished. Other traditions emphasize taking up something for Lent, in recognition of Jesus "taking up the cross." On Easter we can lay it down again, celebrating new life through the power of the resurrection, or we may realize that the new

thing we have been doing makes a difference in our spiritual lives or the lives of others.

Allow me to offer a list of ideas of things to give up or take up this Lent. Some of these ideas are traditional, others offer a new perspective in these spiritual practices:

Give Up

- Desserts
- Late Night Snacking
- Alcohol
- Chocolate
- Anger
- Complaining
- Judging Others
- Resentment
- Fear
- Pessimism
- Jealousy
- Gossiping
- Social Media

Take Up

- Devotional reading
- Daily Prayer
- Attend worship every Sunday
- Read through a Gospel
- Volunteer with an area ministry
- Declutter and simplify
- Silent reflection
- Giving positive feedback
- Caring for Creation
- Looking for good in every situation
- Seeking God's presence in everyday life
- Physical exercise
- Visit family and friends

This list is not exhaustive, by any means. But I pray it offers some guidance for spiritual growth during this holy season of the church year. May God bless our faith journeys so that we may know the fullness of joy as we encounter the risen Christ on Easter.

March Worship Opportunities

March 3 – Transfiguration Sunday

Scripture: Matthew 16:24-17:8

Sermon: “A Glimpse of Glory”

Theme: Do not fear to follow Jesus’ call to self-denial and sacrifice.

A Celebration of Holy Communion

March 6 – Ash Wednesday

Joint service with SSUMC at Four Corners (7:30 p.m.)

March 10 – First Sunday of Lent

Scripture: Matthew 18:15-35

Sermon: “Forgiveness from the Heart”

Theme: Forgiveness and reconciliation

March 17 – Second Sunday of Lent

Scripture: 2 Corinthians 4:8-15

Sermon: Time of Challenges

Theme: Facing our challenges

Rev. Ken on vacation - Rev. Diana preaching

March 24 – Third Sunday of Lent

Scripture: Romans 12:1-3

Sermon: What is your View of Life?

Theme: Our life on this planet is just a temporary assignment. Let’s live it with wisdom preparing our hearts to be with God eternally.

Rev. Ken on vacation - Rev. Diana preaching

March 31 – Fourth Sunday of Lent

Scripture: Matthew 4:1-11

Theme: Temptations make us stronger

Rev. Diana preaching, Rev. Ken liturgist

Financial Snapshot

January Total Income

\$47,803

January Total Expenses

\$52,548

The Rummage Sale needs *Your Help*

Please mark your calendar for the spring Rummage Sale. The sale is on **Saturday, March 23 from 9:00 am to 2:00 pm.**

We need your donations of clean, either new or gently used clothing for men, women, and children, household items, appliances, kitchenware, dishes, pots and pans, bedspreads, curtains, toys and games, sports equipment, tools, and jewelry. Please make sure that all mechanical items are in WORKING CONDITION.

Assistance will be needed during the several setup periods before that date, as well as during the sale itself and the cleanup afterward. We need as many people as possible to help with initial setup on Wednesday, Mar. 20 from 6:00 – 8:30 pm; further setup plus organizing and pricing items on Thursday, Mar. 21 and Friday Mar. 22 from 9:00 am to 2:00 pm and 6:00 – 8:00 pm, then during the sale itself from 9:00 – 2:00 on Saturday and cleanup afterward, which usually lasts until 3:30 or 4:00 pm. All help is appreciated – will you give an hour or two during any or some of these times?

This is a crucial service project for our community because it repurposes items that you no longer use at nominal cost to our neighbors who may be struggling to provide for themselves.

Middle School and High School students can earn credit toward their community service hours by helping during any of the work periods listed above.

Look for the sign-up sheets in the Narthex on the Sundays before the sale.

Thanks to everyone for your faithful service in this important endeavor.

United to Love: A Way Forward

Saturday, March 2, 9 a.m.-Noon

Hughes-El Buen Samaritano will be one of the live streaming sites for this Conference event. Bishop LaTrelle Easterling will share information from Special General Conference and lead us in a time of prayer.

Greeters and refreshments are needed to help. Please contact Pastor Ken to offer your assistance.

Audio-Visual Team

Additional members are needed for our Sunday morning Tech Team. We have the capability to livestream our service(s) now, but need an additional team member to work the camera and computer each week. Training will be given.

Please contact Pastor Ken for further details and to volunteer.

Pastor's Vacation

Pastor Ken and Nancy will be on vacation Saturday, March 16-Saturday, March 30. Pastor Diana (512-806-4667) and Carol Whitney (301-384-4521) are on call in case of pastoral emergencies.

Pastor Ken will be in worship on Sunday, March 31.

Learn English



through Life Skills

FREE Adult Classes



When: Wednesdays 7-9 PM, March 13 - April 24

Registration: Feb 20 or 27, 7-8:30 PM

Where: **Hughes United Methodist Church**
Corner Ga. Ave. & Plyers Mill Rd.

10700 Georgia Ave., Wheaton

301-949-8383

<http://www.hughesumc.org/Learn.English.html>

Aprenda Inglés

Aprenda Inglés

Clases gratis de inglés para adultos

Cuándo: del 21 de marzo al 24 de abril, de 7:00 a 9:00 PM

Inscripción: 20 de febrero o 27 a las 7 PM-8:30 PM

Our Church Family

Norma Fowle recently moved into Montevue Assisted Living, 1910 Rosemont Ave., Frederick, MD 20702

Barbara Nicodemus Lescalleet, a long time member of Hughes UMC, celebrated her 100th birthday on February 19, 2019. She lived in the Wheaton area for over 60 years. She and her husband, Gilmore Lescalleet, Jr. now reside with their daughter, Ann Lescalleet, in Woodbridge, Virginia.

Barbara's late brother and sister-in-law, Edgar F. and Helen R. Nicodemus, were both charter members of this church when the late Reverend Harold Lanman was its first pastor."



It's hard to believe that prayer shawl ministry is almost 11 years old. We have made, consecrated and delivered about 600 shawls over the years. Pastor Ken and Carol Whitney have delivered about 75% of them and some have been given to family members to take to their loved one so that the recipients can be wrapped in love.

In addition, for the past 4 years, we have made hats and scarves for Weller Road and Glen Haven Elementary Schools. This past year we gave 186

sets. THANKS AGAIN to all of you who helped make them.

Also, in the past year, we have made lap robes for the Rockville Nursing Home where Ralph Gartrell resides.

We meet on the 2nd and 4th Wednesdays each month at 10:00 a.m. in the Parlor. If you knit or crochet, or would like to learn, please join us.

If you have any questions, please call Dotty Anderson at 301-598-6214 or Carol Whitney at the Church.

<https://www.moveforwardpt.com/Resources/Detail/6-balance-exercises-you-can-safely-perform-at-home>

Click on the above link and learn 6 balance exercises you can perform from the comfort of your own home. Thanks to our Hughes-EBS Therapist Kathy Ripley for sharing!



The Giving Cross will soon be up in the Narthex. We will be supplying food and hygiene supplies for three families this Easter season. There are 17 family members we will serve.

The Cross will be up on March 17th and all items are due back at a Hughes Palm Sunday, April 14th. Please remember to attach the sticker to the item purchased. Delivery will be sometime the week before Easter. Monetary donations are always appreciated. I

If you have any questions please feel free to contact Jill Glixon or Kathy Ripley.

Kindly e-mail your Caller articles to Marty Weaver, Editor at caller@hughesumc.org or place them in the Caller drawer outside of the Church Office by the 15th of each month.

Please visit the Hughes Website at www.hughesumc.org



52 WEEKS
HOMELESS SCRIPTURE & PRAYER CALENDAR
Written by the District Laity

Always be joyful. Never stop praying. Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus. 1 Thessalonians 16-18

"In Loving Memory of Rev. Adrienne Terry: an Affordable Housing Initiative in her Honor".

In an effort to focus our meditations, prayers and funds on Homelessness this year, the lay leaders of the conference have created this spiritual guide. **Please commit to use the readings as part of your devotions for the year.** Churches are also challenged to give an amount of money equal to the number of the week each week of the year. (For example: on week 14 we would give \$14; on week 52, \$52). If you are called to contribute to this cause, you may contribute once or every week by marking your envelope or check with the "homeless" notation.

Adapted from Rev. Green's letter

In Christ's love,

A handwritten signature in black ink that reads "Gerard A. Green, Jr." The signature is written in a cursive style.

Rev. Dr. Gerard A. Green, Jr.

District Superintendent Greater Washington

WEEK 10

1 Peter 4:8

Most important of all continue to show deep love for each other, for love covers a multitude of sins. Cheerfully share your home with those who need a meal or a place to stay.

PRAYER Lord, what would the world look like if I were able to love as if my life depended on it? What would my city, my neighborhood, even my family look like if I practiced more love and less judgment. If I were able to love so deeply, I would not see anyone's sin but only their soul, what would the world look like? If my brother hurts, then I hurt. If my sister cries, then I cry. If my neighbor is hungry, then I am hungry. If a stranger is homeless, then I am homeless. Lord, help me. Help me to dry tears and heal wounds. Help me to lighten hearts and inspire joy. Help me to feed and clothe and visit and shelter those who need so much but yet ask for so little. Help me Lord so that my heart's desire to show the love of Jesus is fulfilled. Amen. Valerie Shade, Lay Leader, Hughes UMC, DC

WEEK 11

Luke 12: 33-34

Sell your possessions and give to those in need. This will store up treasure for you in heaven! And the purses of heaven never get old or develop holes. Your treasure will be safe; no thief can steal it and no moth can destroy it. Wherever your treasure is, there the desires of your heart will also be.

PRAYER O generous God of love, help us to practice and live the gospel by offering the sacrifice of ourselves to others. Show us how our stuff takes up too much space in our hearts and hands. We fail to see others in need, and to share with others in need. Forgive us for our selfishness and turn us toward the doors of our sisters and brothers in need. We know that all we have is yours, and our prayer is to be good stewards of your gifts, but not hoarders. Guide us to places where your followers are in need, to share your gifts and make a difference in the lives of those we serve, through Jesus Christ our Savior. Amen In honor of Katherine Breach, for her service to the homeless

Week 12

Isaiah 58:7-8

Share your food with the hungry and give shelter to the homeless. Give clothes to those who need them, and do not hide from relatives who need your help.

PRAYER Father, open our eyes so that we may see those who are hungry and those without a place to live. Help us to see the people of the world who are in need of clothing and help us to see the places where we can help our families. Forgive us for all the times when we have turned away from helping those who are in need because of our selfishness. We acknowledge that You are able to make a difference in these peoples' lives and You want us to be a part of the work that You are doing for those in need. I invite you to use me to help so that You will be glorified because of the difference that You make in the lives of people in need of a little assistance. Amen. Kevin Cameron, Lay Leader, Glenmont UMC

Week 13

Matthew 8:20

But Jesus replied, "Foxes have dens to live in, and birds have nests, but the Son of man has no place even to lay his head."

PRAYER Loving and merciful God, we are thankful that we have beds to sleep in and homes to keep us warm and dry. Even the birds make their nests and the foxes find their dens but Jesus as a man had no such home. Today we see women and men that are homeless just as Jesus was and they have no place to turn. We pray for them, but is that enough? We know that Jesus suffers with them, but do they know? How will they know if we don't reach out to them with love in action? Dear Lord, give us the strength to see ways that we can be a part of finding shelter, food and jobs for those in need. Help us to be creative in our minds, compassionate in our hearts and generous with our resources so that they too might know that God cares and provides for them. In Jesus name, we pray. Amen. Suzanne Browning, Lay Member to Annual Conference, Silver Spring UMC

March 2019



Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>*Sunday services: 9 a.m. Informal Service; 9:45—10:30 a.m. Fellowship Time; 10:30 a.m. Traditional Service and Sunday School; Child Care provided 9 a.m.—12 p.m.; Bi-Lingual Multi Cultural Service 12:00 Noon</p>						<p>1 6 pm AA Meeting 6:30 pm Schizophrenics Anonymous (Conf. Rm.)</p>	<p>2 9 am BWC Meeting (Sanctuary) 8:30 am FA Meeting 9 am Portuguese Class 8 pm AA Meeting</p>
<p>3* Week 10: I Peter 4:8 Confirmation Class (noon)</p>	<p>4 7:30 pm Trustees</p>	<p>5 10 am FA group 7 pm EBS Disciple Class 8 pm Narcotics Anon</p>	<p>6 ASH WEDNESDAY 1 pm Coffee Klatch 7:30 pm Service at Four-Corners UMC</p>	<p>7 9:30 a.m. TOPS 6:15 pm Bell Choir 7:30 pm Chancel Choir</p>	<p>8 6 pm AA Meeting 6:30 pm Schizophrenics Anonymous (Conf. Rm.)</p>	<p>9 8:30 am FA Meeting 9 am Portuguese Class 8 pm AA Meeting</p>	
<p>10* Week 11: Luke 12: 33-34 3 pm NIH Winds Concert (Sanctuary)</p>	<p>11 2 pm blood drive 7 pm Worship Com.</p>	<p>12 10 am FA group 6:30 Girl Scouts Mtg. 7 pm EBS Disciple Class 7:30 pm SALT</p>	<p>13 10 am Prayer Shawl 1 pm Coffee Klatch 7:30 pm Finance 7 pm Life Skill Classes</p>	<p>14 9:30 a.m. TOPS 6:15 pm Bell Choir 7:30 pm Chancel Choir</p>	<p>15 6 pm AA Meeting 6:30 pm Schizophrenics Anonymous (Conf. Rm.)</p>	<p>16 8:30 am FA Meeting 9 am Portuguese Class 8 pm AA Meeting</p>	
<p>17* Week 12: Isaiah 58:7-8 Confirmation Class (noon)</p>	<p>18</p>	<p>19 10 am FA group 7 pm EBS Disciple Class 8 pm Narcotics Anon</p>	<p>20 Rummage Sale Set-Up 7 pm Life Skill Classes</p>	<p>21 Rummage Sale Set-Up 9:30 a.m. TOPS 6:15 pm Bell Choir 7:30 pm Chancel Choir</p>	<p>22 Rummage Sale set-up 6 pm AA Meeting 6:30 pm Schizophrenics Anonymous (Conf. Rm.)</p>	<p>23 9 am - 2 p.m. </p>	
<p>24* Week 13: Matthew 8:20</p>	<p>25</p>	<p>26 10 am FA group 7 pm EBS Disciple Class 7:30 pm SALT 8 pm Narcotics Anon</p>	<p>27 10 am Prayer Shawl 7 pm Life Skill Classes</p>	<p>28 9:30 a.m. TOPS 6:15 pm Bell Choir 7:30 pm Chancel Choir</p>	<p>29 6 pm AA Meeting 6:30 pm Schizophrenics Anonymous (Conf. Rm.)</p>	<p>30 8:30 am FA Meeting 9 am Portuguese Class 8 pm AA Meeting</p>	
<p>31* Week 14: Matthew 5:42 Confirmation Class (noon)</p>							